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| **LLC Secondary Logo.jpg**1916 N. Lakewood DriveCoeur d’Alene, ID 83814208-667-4628 T208-667-6695 Fwww.LakeCityCenter.org |
| **J.W. King, Chef****OCTOBER 2020****Pat, Assistant Cook****Linda, Kitchen Assistant** |
| **Lunch for Registered Seniors 60+ is priced at $5.00 (suggested donation). Non-registered seniors are considered visitors and can visit up to 4 times in a 12 month period. After 4 visits the meal is priced at $7.00. Simply fill out a registration form. Under age 60 must pay $7.00; under 8 are $4.25. Please sign in with the registrar by 11:55 am. Lunch is served promptly at 12:00 pm. RESERVATIONS ARE REQUIRED: MUST MAKE A RESERVATION NO LATER THAN 11:00 AM!** |
|  **Monday**  |  **Tuesday****\*\*MENU ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY** |  **Wednesday** | **Thursday****NO****LUNCH** | **2 Friday****Mediterranean Baked Cod with olives, tomatoes and artichoke hearts, roasted potatoes, and mixed grains; dessert**  |
| **5** **Baked Chicken Breast, mixed grains, roasted butternut squash with herbs, and sliced peaches; dessert** | **6****Pork Roast with pineapple sauce, roasted root vegetables, applesauce, and mixed; dessert** | **7****Pork Sausage Patty with country gravy, mashed potatoes, salad greens, and farro; dessert** | **NO****LUNCH** | **9****Chicken Fried Steak with country gravy, mashed potatoes, peas and corn, and mixed grains; dessert**  |
| **12****Pork Potstickers with Tofu-Miso soup, whole wheat noodles, green beans, and fruit; dessert**  | **13****Beef Cabbage Rolls with tomato sauce, green beans, and brown rice; dessert** | **14****Roasted Turkey with gravy, roasted potatoes, sweet carrots, and grain salad; dessert** | **NO****LUNCH** | **16****Baked Salmon filet, steamed spinach with garlic, brown rice, and melon; dessert** |
| **19****BBQ Pork Ribs, BBQ baked beans, coleslaw, and mixed grains; dessert** | **20****Veal Liver with onions and bacon, mashed potatoes, broccoli, and quinoa with coleslaw and nuts; dessert**  | **21****Spaghetti & Meat Sauce, with whole wheat pasta, caesar salad, garlic bread, and fruit; dessert**  | **NO****LUNCH** | **23****German Sausage with sauerkraut, potato salad, and quinoa; dessert** |
| **26****Baked Ham, scalloped potatoes, broccoli, and mixed grains; dessert**  | **27****Duck legs with farro risotto, broccoli, and apple slices; dessert** | **28****Beef Stew with potatoes, carrots, celery, and onion, spinach salad, and farro; dessert**  | **NO****LUNCH** | **30****Beef Meatloaf with mushroom gravy, roasted potatoes, and steamed corn; dessert**  |