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| **LLC Secondary Logo.jpg**  1916 N. Lakewood Drive  Coeur d’Alene, ID 83814  208-667-4628 T  208-667-6695 F  www.LakeCityCenter.org | | | | |
| **J.W. King, Chef**  **OCTOBER 2020**  **Pat, Assistant Cook**  **Linda, Kitchen Assistant** | | | | |
| **Lunch for Registered Seniors 60+ is priced at $5.00 (suggested donation). Non-registered seniors are considered visitors and can visit up to 4 times in a 12 month period. After 4 visits the meal is priced at $7.00. Simply fill out a registration form. Under age 60 must pay $7.00; under 8 are $4.25. Please sign in with the registrar by 11:55 am. Lunch is served promptly at 12:00 pm. RESERVATIONS ARE REQUIRED: MUST MAKE A RESERVATION NO LATER THAN 11:00 AM!** | | | | |
| **Monday** | **Tuesday**  **\*\*MENU ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY** | **Wednesday** | **Thursday**  **NO**  **LUNCH** | **2 Friday**  **Mediterranean Baked Cod with olives, tomatoes and artichoke hearts, roasted potatoes, and mixed grains; dessert** |
| **5**  **Baked Chicken Breast, mixed grains, roasted butternut squash with herbs, and sliced peaches; dessert** | **6**  **Pork Roast with pineapple sauce, roasted root vegetables, applesauce, and mixed; dessert** | **7**  **Pork Sausage Patty with country gravy, mashed potatoes, salad greens, and farro; dessert** | **NO**  **LUNCH** | **9**  **Chicken Fried Steak with country gravy, mashed potatoes, peas and corn, and mixed grains; dessert** |
| **12**  **Pork Potstickers with Tofu-Miso soup, whole wheat noodles, green beans, and fruit; dessert** | **13**  **Beef Cabbage Rolls with tomato sauce, green beans, and brown rice; dessert** | **14**  **Roasted Turkey with gravy, roasted potatoes, sweet carrots, and grain salad; dessert** | **NO**  **LUNCH** | **16**  **Baked Salmon filet, steamed spinach with garlic, brown rice, and melon; dessert** |
| **19**  **BBQ Pork Ribs, BBQ baked beans, coleslaw, and mixed grains; dessert** | **20**  **Veal Liver with onions and bacon, mashed potatoes, broccoli, and quinoa with coleslaw and nuts; dessert** | **21**  **Spaghetti & Meat Sauce, with whole wheat pasta, caesar salad, garlic bread, and fruit; dessert** | **NO**  **LUNCH** | **23**  **German Sausage with sauerkraut, potato salad, and quinoa; dessert** |
| **26**  **Baked Ham, scalloped potatoes, broccoli, and mixed grains; dessert** | **27**  **Duck legs with farro risotto, broccoli, and apple slices; dessert** | **28**  **Beef Stew with potatoes, carrots, celery, and onion, spinach salad, and farro; dessert** | **NO**  **LUNCH** | **30**  **Beef Meatloaf with mushroom gravy, roasted potatoes, and steamed corn; dessert** |