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| LLC Secondary Logo.jpg | | | | |
| **J.W. King, Chef**  **Pat, Assistant Cook**  **Linda, Kitchen Assistant** | | | | |
| **Registered seniors 60+ may choose to make a donation for lunch, suggested $5.00. Non-registered seniors are considered visitors and can visit up to 4 times in a 12 month period. After 4 visits the meal is priced at $7.00. Simply fill out a registration form. Under age 60 must pay $7.00; under 8 are $4.25. Please sign in with the registrar by 11:55. Lunch is served promptly at 12:00. PLEASE MAKE A RESERVATION!** | | | | |
| **2 Monday**  **Beef Chili with red beans, brown rice, salad greens and corn bread stick; dessert** | **3 Tuesday**  **Bouillabaisse with shrimp, crab, cod and claims, salad greens, and farro; dessert** | **4 Wednesday**  **Beef Meatloaf with mushroom gravy, roasted potatoes, and steamed corn; dessert** | **Thursday**  **NO**  **LUNCH** | **6 Friday**  **Salmon Filet with Mediterranean salsa, mixed vegetables, brown rice, and fruit; dessert** |
| **9**  **Pork Potstickers with cup of Miso soup, brown rice, green beans, and fruit; dessert** | **10**  **Moussaka with eggplant, salad greens, and mixed grains; dessert** | **11**  **Beef Stew with potatoes, mushrooms, carrots, celery, and onion, brown rice, and fruit; dessert** | **NO**  **LUNCH** | **13**  **Bangers & Mash (sausage with mashed potatoes), Brussel sprouts, and mixed grains; dessert** |
| **16**  **Baked Ham, scalloped potatoes, broccoli, and mixed grains; dessert** | **17**  **Beef Cabbage Rolls with tomato sauce, green beans, and brown rice; dessert** | **18**  **Spaghetti & Meatballs with whole wheat pasta, Caesar salad, garlic bread, and fruit; dessert** | **NO**  **LUNCH** | **20**  **Fish & Chips (Baked Cod with French fried potatoes), coleslaw with fruit, and mixed grains; dessert** |
| **23**  **Roasted Turkey with gravy, mashed potatoes, cranberry sauce, green beans, and corn bread stuffing; dessert** | **24**  **Grilled Ham & Cheese Sandwich with cup of Minestrone soup, mixed grains; and grapes; dessert** | **25**  **CHRISTMAS**  **HOLIDAY**  **NO LUNCH** | **NO LUNCH** | **27**  **Beef Pot Roast with potatoes, carrots, celery and onion, salad greens, and quinoa with nuts; dessert** |
| **30**  **Chicken Fried Steak with country gravy, roasted potatoes, peas & corn, and quinoa; dessert** | **31**  **Pepperoni & Cheese Calzone (folded pizza) with mushrooms, onions and tomatoes), mixed grain salad, and fruit; dessert** |  |  | **\*\*MENU ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY** |